The attitude of non-government education institutions’ principals towards games and sports

Vivek B. Sathe
Assistant Professor (Senior) School of Physical Education Devi Ahilya University, Indore (MP), India.

Abstract

The purpose of this study was to determine the attitude of non-government education institutions’ principal towards games and sports. The subjects selected for this study were 50 principals from different non-government educational institutions of Indore. The questionnaire used for this study was a self prepared questionnaire. The questionnaire had statements and was seek opinion of principal’s about games and sports in an education institution. Questions arranged in questionnaire were related to knowledge a sample statement. The finding of the study revealed that in most of the questions the attitude of principals is positive towards games and sports but in some questions their thinking and mentality vary from the system. As the overall the attitude is found positive.

KEYWORDS: Attitude, Games and Sports.

Introduction

It was visualized that if mental and physical training has to be imported it should start from early stages of life. Thus, it emerged that sports activity should be combined with education. The objective of education calls for the whole some personality development of a child, which includes development of physical and mental faculties in additional to social and emotional uplift of the child, since human being is a combined of body, mind and spirit he cannot be compartmentalized into body and mind separately. Therefore combining the world physical with education brings out a clear sense that the discipline is capable of developing harmonious personality of a child which includes physical, mental, social, emotional and spiritual development. Kamlesh and Sangral (1988) have reported that in 1882 the British Govt. appointed a commissioner that recommended that physical training should be given to natives in games like gymnastics, drills and other exercises. Servicemen imparted military drill and physical training exercises in school. Mr. H. C. Buck in Madras founded YMCA College of Physical Education in 1920. In 1931 Govt. College of Physical Education in Hyderabad was established. Lucknow Christian College of Physical Education was started in 1932. After independence Govt. of India appointed a Central Advisory Board of Physical Education and Recreation. M. K. Kaul and M. N. Kapoor submitted a report to All India Council of Sports and made some useful recommendations in 1961. The salient features were that Physical Education should be considered as part of general education of schools and colleges and Education institute should establish the Physical Education Programmed for the development of Physical Education.

It has now been reported that the people who lead sedentary life suffer from various ailments such as cardiac, over weight problems and breathing disorder, etc. Therefore
people have started developing a positive attitude towards exercise and physical activities. Now fitness clubs and multi gyms are coming up in a big way to meet the demands of the people. The positive attitude towards Physical Education has also been witnessed among the students. Physical Education is an antique subject and in the modern age it has been accepted as a discipline and recognized to suit the conditions prevailing today. All Institutions of learning have embraced it has a compulsory part of curriculum. It becomes interpretative that the discipline of physical education should be put in to proper perspective and thoroughly studied for the welfare of humanity at large. Today man has become conscious of the role of sports in the pursuit of educational objectives. Learning through experience has been considered useful in preparing an individual for difficult situations. Sports and competition have been analyzed from the training and performance point of view in various research studies. The effort to explore the bearing of sports an traits which have been considered important for personality development and educational attainment seems to be worthwhile. Because of fast changes in society, the concept of sports has also undergone a great change. For instance a competitive sport is one of the outgrowths of modern society. The objective of this study was to determine the attitude of non-government education institutions’ principal towards games and sports.

Methodology
The subjects selected for this study were 50 principals from different non-government educational institutions of Indore. All institutes selected were very well known, recognized and famous in Indore city. The questionnaire used for this study was a self prepared questionnaire, which was constructed by the research scholar himself in consideration of physical education subject experts and education department. The questionnaire had statements and was seek opinion of principal’s about games and sports in an education institution. Questions arranged in questionnaire were related to knowledge a sample statement. After construction of questionnaire the non-government institutions were selected from Indore city. The purpose of the research was explained in detail before circulating questionnaire to all the principals/head of the educational institutions and explained the purpose and description of the questionnaire. All subjects were instructed to respond independently. Statements arranged in questionnaire were related to attitude and simple statement. Each of the statement described for knowing the attitude of institutions principals towards games and sports.

Findings
Each subject in answer sheet was separately tabulated to three different alternatives on all 38 statements and thus the tables were prepared for the analysis of data with the help of chi-square (x²). After getting responses from principals of various Non-Government Educational Institutions the score were calculated question wise. Chi-square (x2) tabulated standard value obtained 3.841, at 0.05 level of significance.

<table>
<thead>
<tr>
<th>Q. NO.</th>
<th>Positive response</th>
<th>Negative response</th>
<th>X² cal</th>
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<tr>
<td>1</td>
<td>41</td>
<td>6</td>
<td>26.06</td>
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<tr>
<td>2</td>
<td>46</td>
<td>2</td>
<td>40.32</td>
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Conclusion
The finding of the study revealed that in most of the questions the attitude of principals is positive towards games and sports but in some questions their thinking and mentality vary from the system. As the overall attitude is found positive. In various responses principals showed very much acceptance of the questions related to development of mental state, physique, character, etc. through games and spots. According to the analysis...
of data it is revealed that the principals liked to participate in activities of games and sports wanted to develop interest of student towards the games and sports. Some positive responses were revealed that principals were whole heartedly and happy towards games and sports activities of their institutions. They thought that a student becomes more disciplined by games and sports, their institution provides better ground management, equipment and other sports facility to the students, games and sports are essential for overall development of students, there should be compulsory education of games and sports in every institution and school of present day, a student become more self confident because of games and sports, students get well mentally developed because of games and sports, student have friendly nature towards all because of games, with help of games and sports treatment of mentally weak students can be possible and sports and games and sports bring feeling of team unity to be developed among the students. Principals were interested to encourage girls to participate in games and sports. Some responses showed negative attitudes were principal have difference in opinion with physical education teacher of their institution. They thought that no special importance is given to games and sports in private institution, students pay more attention to their studies as compare to games and sports and students use bad language and abusive words in games and sports.

Therefore the response of 89% questions found of positive response, 2% questions found negative and 9% questions of found Neutral.

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