

Awareness Regarding Work Simplification among Home Maker across Type of Family

Nabat Arfi

Department of Human Development & Family Studies, School for Home Science
Babasaheb Bhimrao Ambedkar University, Lucknow-226025, UP, India

Abstract

Work simplification may be defined as accomplishing more work with a given amount of time and energy. The simplification of work is the way of finding the simplest, the quickest as well as the easiest methods in doing things. Home making includes many different tasks, so if a home maker is aware about work simplification she can save more time and effort in doing a task. In the following study an attempt was made to know the awareness regarding work simplification across type of family. It was carried out on sample of 120 Home makers (60 Home maker from nuclear type of family and 60 Home maker from joint type of family) from Lucknow city who were administered by self constructed questionnaire based on awareness of work simplification among home makers. The purposive random sampling technique was used to collect the data. The data collected was analyzed using “independent t test”. No significant difference was found between home makers from nuclear family and joint family.

KEYWORDS: Awareness, Work simplification, Home making, Management.

I. INTRODUCTION

Work simplification is a managerial tool for improving an individual performance and is an organized use of common sense to eliminate waste of different resources. Work simplification is scientific approach to study work processes with view to simplifying the process such that the work process becomes more efficient and effective thereby raises productivity and reduces wastage of labor effort, material, space, time & energy in the process of producing a good or delivering a service. Work simplification may be defined as accomplishing more work with a given amount of time and energy, or reducing the amount of energy or both to accomplish a given amount of work. Work simplification is an organized use of common sense to eliminate waste of different resources. As home making is a multi job, home makers need to have an awareness of different ways and techniques of work simplification so that they can get free time for themselves or for other activities. A homemaker that is knowledgeable and skillful can save more time and effort in doing the task.

II. METHODOLOGY

Aims and Objectives- The aim and objective of the study is to know the awareness regarding work simplification among home maker across type of family.

Research design- A research design is the specification of methods and procedure for acquiring the information needed. The research design for the present study was cross-

sectional research design. Cross-sectional method was used because this method is extensive and can be used to collect data from a large sample at a particular point of time.

Sampling Design- The sample for the present study consisted of 120 makers (60 Home maker from nuclear type of family and 60 Home maker from joint type of family). The purposive random sampling technique used to select the sample from the selected area.

Methods of Data Collection- A self constructed questionnaire was given to the subjects for their response.

Data Analysis- For the analysis of data the following steps were followed:

- (A) Coding- A coding plan was developed in which code numbers were given to every question and its responses and then tabulated on the coding sheet.
- (B) Tabulation- The coded data was transferred from the coding sheet to comprehensive tables to give a clear picture of the findings.
- (C) Statistical Analysis- The descriptive statistic applied was t-test.

Table.1: To study the level of awareness of respondents regarding work simplification, a questionnaire (YES & NO) was developed to get the response of the respondents.

S.No.	STATEMENTS
1	Work simplification is a managerial tool for improving an individual performance.
2	Work simplification is an organized use of common sense to eliminate waste of different resources.
3	Work simplification may be defined as accomplishing more work with a given amount of time and energy.
4	Resources are committed to best possible use with the help of work simplification.
5	Work simplification can also be defined as a process of behavior modification.
6	Work simplification reduces physical as well as psychological stress.
7	Work simplification motivates the worker to do more.
8	Controlling of budget & reduction in cost is the major success of work simplification.
9	Work simplification enhances time management.
10	Work simplification enhances energy management.
11	Work simplification saves more of your time than energy.

12	Proper lightning & ventilation in the kitchen helps in simplifying work.
13	Work simplification reduces the chances of injury & re-injury.
14	Work simplification reduces frustration and fatigue.
15	Peak load time of the home maker can be reduced by work simplification.
16	Work simplification gives a feeling of flexibility & spaciousness.
17	Knowledge about work, worker & work place is important for effective work simplification.
18	Work simplification is very effective in improving flow of work.
19	Work simplification leads to work organization.
20	Steps of management process contribute a lot in work simplification.

III. RESULTS & DISSCUSSION

Table.2: t-value between independent variable type of family and awareness.

S.No.	Type of Family	N	Mean	S.D.	t	Sig.
1	Nuclear family	60	13.72	7.447	0.708	0.062
2	Joint family	60	12.73	7.772		

Significant at 0.05 level

The above table reveals that no significant differences were found between awareness and type of family of the respondents (t-value= 0.708) at 5% level of significance, therefore the null hypothesis has been accepted. Hence, the awareness of respondents may not vary according to their type of family.

It has been concluded that if a home maker is knowledgeable and skillful she knows how to simply her work in best possible manner whether she is living in a nuclear family or joint family.

V. REFERENCES

1. Kitaw D. & Belachew T. (2007), "Work simplification for productivity improvement (A case study: katili metal products factory), *Journal of EEA*, vol.24:43-57.

2. Work simplification and family resource management.
<http://www.familyresourcemanagement.org/services/work-simplification/> . Accessed on February 2014.
3. Work simplification.
<http://healthymeals.nal.usda.gov/hsmrs/Personal%20Skills%20Trainer%20Manual/Work%20Simplification%20Master%20File.pdf>. Accessed on February 2014.
4. The Work Simplification in the Preparation of Foods.
<file:///C:/Users/nabat/Desktop/The%20Work%20Simplification%20in%20the%20Preparation%20of%20Foods.htm>. Accessed on February 2014.
5. Definition of work simplification.
<http://www.businessdictionary.com/definition/work-simplification.html#ixzz2tFf2a3q4>. Accessed on February 2014.
6. Steidl, R.E & Bratton, E.C. (1966). Work in the Home. Newyork. John Wiley & Sons, Inc.