

A study of adjustment among secondary school Students in relation spiritual intelligence

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Abstract

The present investigation in to find out the Adjustment of Secondary School Students in Relation to spiritual intelligence. The sample consisted of 180 secondary school students out of which 90 were urban and 90 were rural . For this purpose of investigation “Adjustment Inventory” by Dr. R.S.Patel and spiritual intelligence scale by Dr. Tirath Singh were used. The obtained data were analyzed through „t□ test and correlation to find out the results . the results showed that there exists no significant difference between the adjustment of male and female secondary school students, the results also revealed that there exists a positive relationship between the adjustment and spiritual intelligence of secondary school students of Ludhiana district.

KEYWORDS : Adjustment , Spiritual Intelligence

Introduction

Adjustment

Adjustment is the process of living itself or dynamic equilibrium of total personality. This is a life long process in which one learns the way of behaviour and enters into a relationship of harmony with one’s environment. In simple words adjustment is nothing but accepting the code of conduct of the society and the environment around an individual.

Webster (1951) Adjustment is the establishment of a satisfactory relationship, as representing harmony, conformance, adaptation or the like.

Good’s Dictionary (1959) Adjustment is the process of findings and adopting needs of behaviour suitable to the environment or to changes in the environment.

Coleman (1969) Adjustment is the outcome of individual’s effort to deal with stress and meet his needs.

Eysenck (1972) Adjustment is a state in which the needs of the individual, on one hand, and the claims of the environment on the other hand, are fully satisfied or the process by which this harmonious relationship can be attained.

Mischel (1976) Adjustment refers to means by which the individual copes with his own ever changing opportunities, demands and restrictions of the environment on the other hand.

Spiritual intelligence :

Wigglesworth, Cindy (2012) Spiritual intelligence as the ability to behave with wisdom and compassion, while maintaining inner and outer peace, regardless of the situation.

Wolman (2001) spiritual intelligence as the human capacity to ask ultimate questions about the meaning of life, and to simultaneously experience the seamless connection between each of us and the world in which we live.

According to Vaughan (1998) spiritual intelligence suggests wisdom and compassion; understanding and inner peace; love and freedom; depth and breadth of wisdom.

Statement of the problem: A study of adjustment among secondary school student in relation to spiritual intelligence

Delimitation of the study :

1. The sample will be drawn from secondary school students of Ludhiana district.
2. The sample will be delimited to 180 students.
3. The sample will be delimited to 90 urban and 90 rural as a whole.

Objectives of the study :

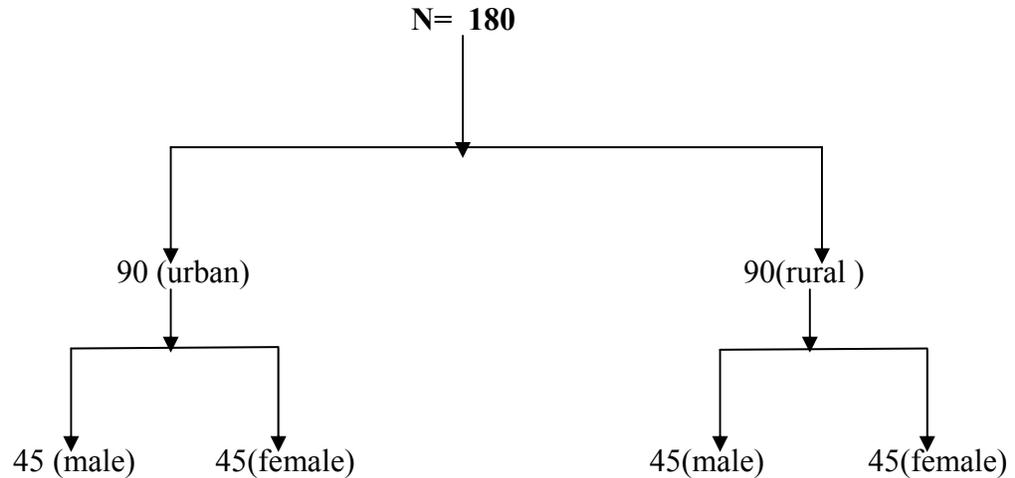
1. To find out the adjustment among secondary school students of Ludhiana district male and female
2. To find out the difference in adjustment among urban and rural secondary school students of Ludhiana district.
3. To find out the relationship between adjustment and spiritual intelligence among secondary school students of Ludhiana district .

Hypotheses :

1. There exists no significant difference in adjustment among secondary school students among male and female
2. There exists no significant difference in adjustment among secondary school students of urban and rural areas of Ludhiana district.
3. There exists no significant difference between the adjustment and spiritual intelligence among secondary school students of Ludhiana district.

Sample :

The present study was carried out on secondary school students of Ludhiana District. The sample of the study are 180 secondary school students out of which 90 were urban and 90 were rural secondary school students. The sample was further divided into the male and female secondary school students. 45 boys from urban schools and 45 girls from urban , similarly 45 boys from rural schools and 45 girls from rural secondary schools students were taken for the study.



Tools used :

1. Spiritual intelligence scale by Dr. Tirathsingh
2. Adjustment inventory by Dr.R.S.Patel

Results and Discussions :

Table 1. Showing the significant difference in adjustment among secondary school students of schools of urban areas of Ludhiana district.

VARIABLE	GROUP	MEAN	S.D	T – value
Adjustment	Male	8.54	5.95	0.21
	Female	8.43	5.35	

Not – significant at .001 level

Hence table 1. Show that the t – value of the variable adjustment for male and female is 0.21 which is not significant at 0.01 level of significance .Then the hypothesis 1. Which states that “There exists no significant difference in adjustment among secondary school students among boys and girls .”is accepted.

Figure 1: Showing the significant difference in adjustment among secondary school students of schools of urban areas of Ludhiana district.

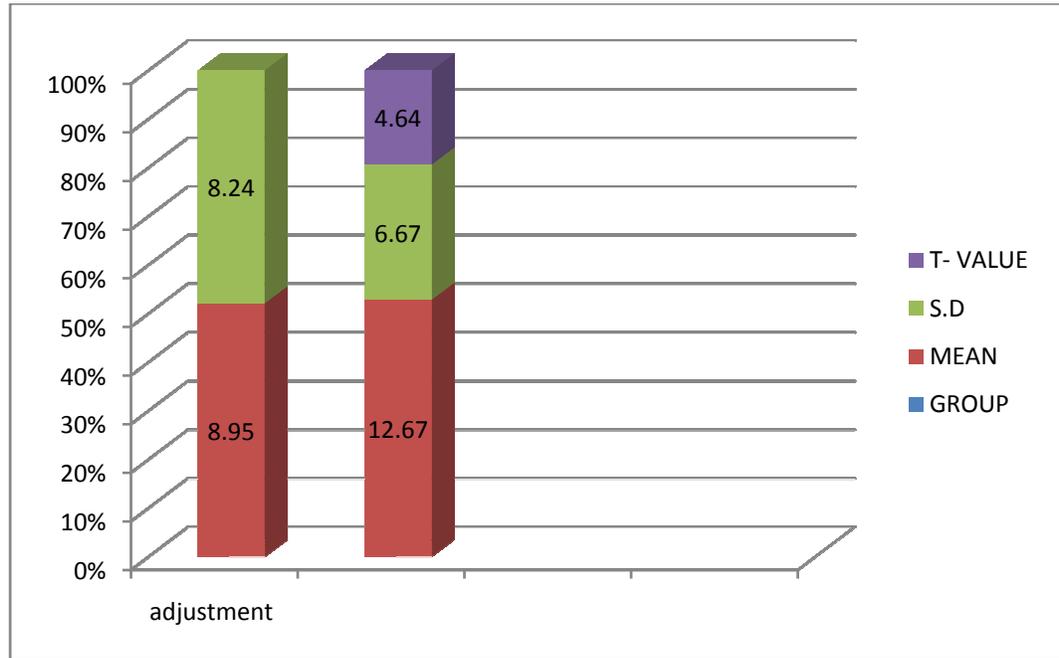


Table 2. significant difference in adjustment among secondary school students of urban areas of Ludhiana district. (N=180)

VARIABLE	GROUP	MEAN	S.D	T – value
Adjustment	Urban	8.95	8.24	4.64
	Rural	12.67	6.67	

Not – significant at 0.01 level

Hence table 2. Show that the t – value of the variable adjustment for urban and rural is 4.64 which is not significant at 0.01 level of significance . Then the hypothesis 2. Which states that “There exists no significant difference in adjustment among secondary school students of urban and rural areas of Ludhiana district.” Is accepted

Figure 2: significant difference in adjustment among secondary school students of urban areas of Ludhiana district.

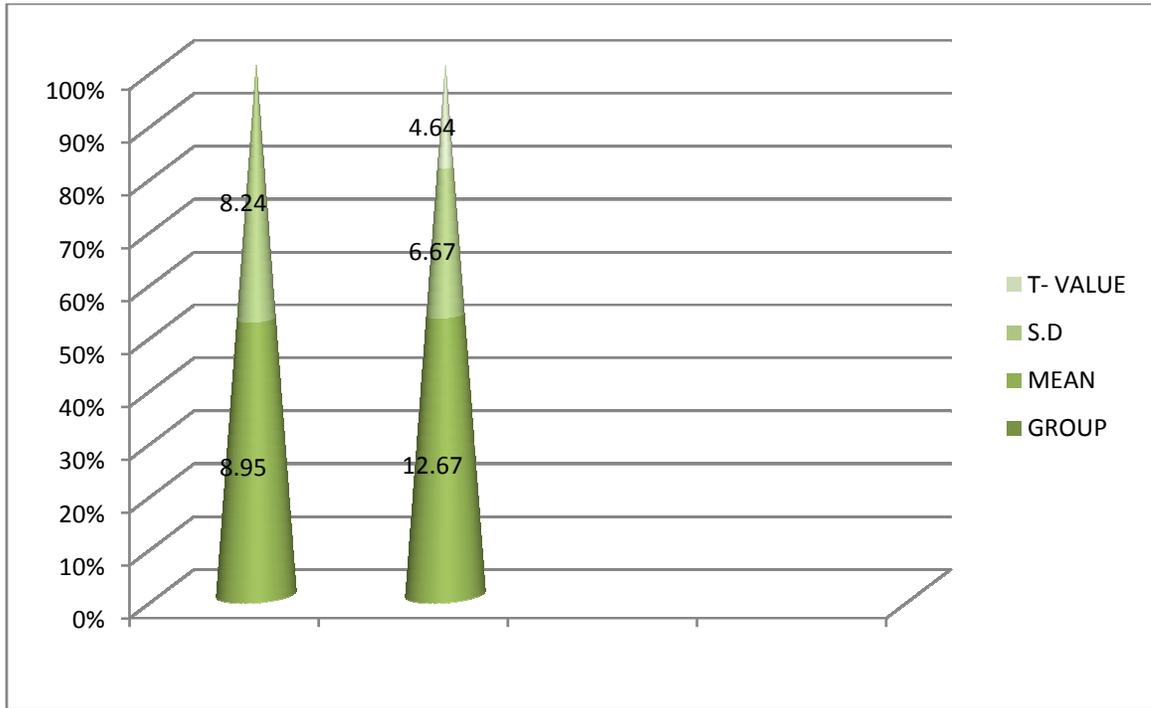


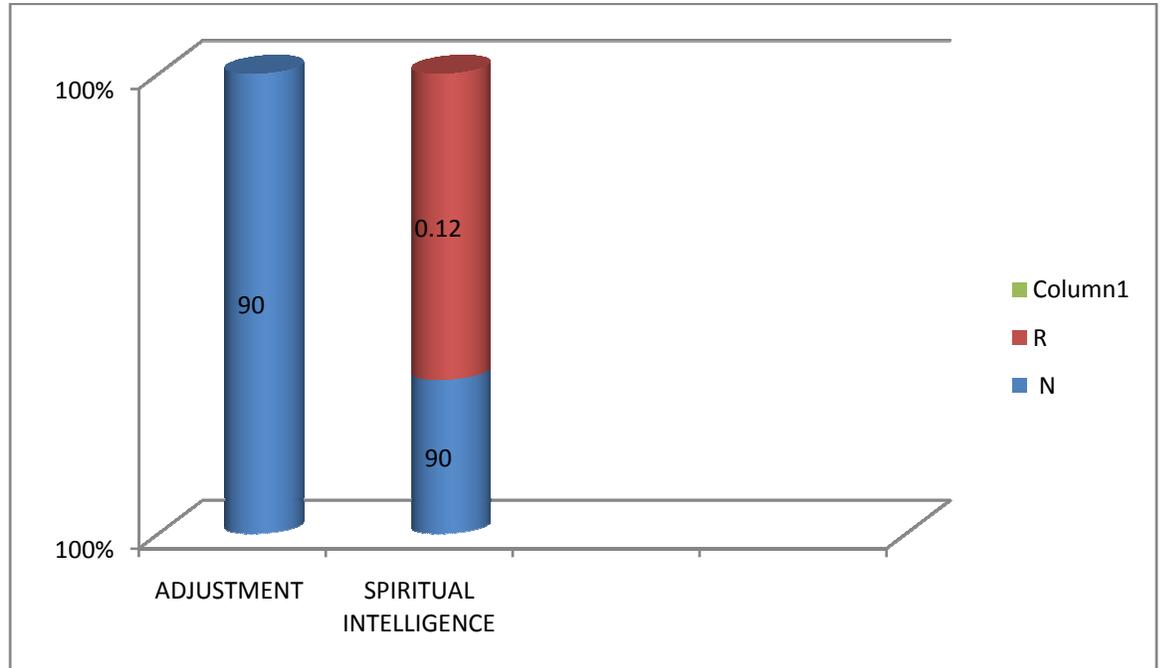
Table 3. significant difference between the adjustment and spiritual intelligence among secondary school students of Ludhiana district.

VARIABLES	N	R
Adjustment	90	0.12
Spiritual intelligence	90	

Significant at 0.01 level

The table 3. Show that the value of coefficient of correlation for the variables adjustment and spiritual intelligence is 0.12 which is significant at 0.01 level .hence the hypothesis 3. Which states that “There exists no significant difference between the adjustment and spiritual intelligence among secondary school students of Ludhiana district.” Is rejected

Figure 3: significant difference between the adjustment and spiritual intelligence among secondary school students of Ludhiana district.



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